

# Earn Your Screen Time

Read  
your favorite  
book.

See who can  
build the tallest tower  
with blocks.

Dance to your family's  
favorite song.

Go on a shape hunt  
around your house and  
find circles, squares,  
triangle, etc.

Draw a  
family portrait.

Screen  
Time:  
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Make a card for a  
loved one whom your  
family is missing right  
now.

Help an adult do  
a chore around the  
house.

Share 3 reasons why  
each member of your  
family is special.

Sort a bin of toys or  
blocks by color.

Build a fort inside, or  
outside, if the weather  
allows.

Screen  
Time:  
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Enjoy some sensory  
play—play with shaving  
cream or water.

Pick up trash in your  
yard or around the  
neighborhood.

Using balls and other  
large toys, create an  
obstacle course.

Write and/or count  
the letters in  
everyone's name.

Practice Mindful  
Breathing:  
Blow out the candles 5  
times. Smell the flowers  
5 times.

Screen  
Time:  
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Draw individual  
letters (or shapes,  
colors, etc). Call out a  
letter name and see  
who can find and race  
to that letter first.

Put on a puppet  
show using your favorite  
stuffed animals.

Have a Lego building  
contest. See who can  
build the most creative  
thing.

Grab a paper bag and  
5 toys. Place toys in the  
bag and see if your child  
can figure out what the  
items are by only using  
their hands.

Count how long it  
takes to pick up all  
your toys.

Screen  
Time:  
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KINDERBERRY HILL  
CHILD DEVELOPMENT CENTERS