

KBH SAMPLE MENU

AT KINDERBERRY HILL, WE ARE FULLY COMMITTED TO FOSTERING HEALTHY HABITS BY PROVIDING HEALTHY MEALS AND SNACKS.

We work with nutritionists to ensure we offer balanced meals with the freshest ingredients. At each location, our onsite chef prepares all meals and snacks in their full-service kitchen.

Our chefs are fully trained and dedicated to meeting the nutritional needs of children from infants through school-age.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Oven French Toast (Whole Wheat Bread) Fresh Blueberries Milk	Oatmeal Fresh Melon Milk	Egg and Cheese Breakfast Burrito (Whole Wheat Tortilla) Fresh Peaches Milk	Cheerios® Bananas Milk	Whole Grain Waffles Applesauce Milk
LUNCH	Baked Chicken Breast Sweet Potato Fresh Strawberries Whole Wheat Roll Milk	Fish Tacos (Whole Grain Tortilla Wrap) Peas Mandarin Oranges Milk	Baked Spaghetti with Meatballs Green Beans Fresh Peaches Milk	Chicken Stir Fry Broccoli Fresh Apricots Brown Rice Milk	Cheese Burger (Whole Wheat Bun) with Fixings Carrots Mixed Fruit Milk
SNACK	Fresh Veggies and Dip with Crackers Water	Yogurt and Fruit Parfait Water	Cheese and Whole Grain Crackers Water	LANA SNACK: Veggie Bagel Face  Water	Cottage Cheese and Diced Fresh Fruit Water

*Exceptions or adaptations to our planned menus will be made for medical or religious needs.