

# Spark the Spirit - OF GIVING -

## Heart Cards

TO BENEFIT SICK CHILDREN

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### INSTRUCTIONS

1. Use a blank card and envelope.
2. Decorate the card and envelope with crayons, markers, etc.
3. If you choose, you can write an encouraging message to the recipient. Something like: "Have a Wonderful Day!" or "Thinking of You" can brighten their day.
4. Put your card in the envelope.
5. Visit [www.cardsforhospitalizedkids.com](http://www.cardsforhospitalizedkids.com) and choose where to send your cards.

### TALKING POINTS: FEELING SICK

Talk about how it feels when you don't feel well. When we are sick, it is nice to have others think of us and help us to feel better. By making a card for someone who is sick, you can help them feel a little bit better by showing them that you care.

- What makes you happy when you don't feel well?
- How do you think the child will feel when they receive your card?
- Who else could you make a card for to brighten their day?



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